



opportunitiesforemployment  
HOPE IN ACTION



## Lift Truck Theory

Lift Truck Theory training is delivered online and provides participants with the theoretical components of safe forklift (lift truck) operation.

**Who should participate?** Program participants typically may or may not have worked in the industry, have operated lift trucks, or come with no experience but are interested in upgrading their skills to find a job, typically in a warehouse setting.

**Duration:** Online sessions typically last one to two hours and are completed at an OFE location. Successful participants will be linked with an Employment Consultant who will guide them in securing and maintaining employment.

### Curriculum Content:

Participants will receive theory on:

- Principles for safe operation, parts of the lift truck, pre-shift inspections
- Starting, stopping, turning, load assessment, handling, pick up, transport and deposit
- Proper lift truck shut down and parking procedures
- Hazard identification in the workplace and emergency procedures
- Operating safely around personnel
- Safety Training
- Hazards
- Inspections
- Load Assessment
- Parking Procedures

### Outcomes:

- Completion of the first step toward Lift Truck Certification\*
- Assignment to an OFE Employment Consultant for one-on-one job search assistance

Please refer to the "Notice to Operators and Employers" provided by Safety Services Manitoba for complete information on requirements in Manitoba.

### Requirements:

- Applicants must be a current OFE Job Seeker and require the training to achieve their job goal. Please see your Employment Consultant to discuss your employment plan.

Funding Provided by:

The Government of Canada

The Manitoba Government